

NATURAL HAIR & SCALP CONDITIONING TECHNIQUES

FOR TWISTS; LOCKS; BRAIDS; FROS



1. Shampoo hair using **Forever Silk Step 1 Cuticle Cleansing Shampoo.**



2. Apply **Forever Silk Part C Root Fertilizer & Growth Rub** to scalp. This will help to accelerate growth and retard dry, flaky, itchy scalp.



3. Apply **Forever Silk Softening Lotion** or **Forever Silk's Silk & Honey Mist** to moisturize hair after styling.



4. Use your favorite styling technique to create Twists, Locks, Braids or Fro style of your choice. Dry the style completely.

CONDITIONING TWISTS, LOCKS, BRAIDS OR FROS WITH COLOR



1. PROTECT SCALP: Warm **Forever Silk Part C Root Fertilizer & Growth Rub** until it melts. Apply to scalp with Q-Tip or Cotton Ball as you part hair. Allow scalp to rest for 10 to 20 minutes .



2. Now use color of your choice according to manufacturer's instructions. Upon completion of coloring technique....



3. Shampoo hair with **Forever Silk Conditioning and Neutralizing Shampoo** twice., 2X



4. Apply **Forever Silk Step 2 Penetrating Leave-In Conditioner** to each twist, lock or braid. Make sure Step 2 saturates each twist, lock or braid. This helps to prevent the color from drying the hair.



5. Apply **Forever Silk Step 3 Leave-In Moisture Treatment** liberally. This helps to seal the color and moisture created by Step 2 Leave-In Conditioner in the hair. Stroke the hair in a downwards direction from root to ends with fingertips, to help seal the hair shaft.



6. After **Step 3**, and while hair is still damp, apply the gel or styling product to create the style of your choice.



7. Apply **Forever Silk's Silk & Honey Mist** for Fine to Medium hair textures or **Forever Silk Softening Lotion** for Medium to Coarse hair textures as needed to prevent dryness and /or breakage.



This procedure helps eliminate scalp dryness and breakage of your color treated Twists, Locks, or Braids

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